For Private Circulation Only Issue 37. Month Jan-March 2021 feline न्नान • स्वाभिमान • कल्याप **BCM SCHOOL CHANDIGARH ROAD** GALAXY OF TOPPERS Rachi ashik 100% Class I 100% Class I 100% Class I 100% Class I Laksh 99.96% Gurmat Kaur Jatinveer Singh Class II 99.9% 99.9% 99.48% Class IV 99.73% Class III Class III Class V araadhy Aditi Sharma Saanidhya Jain 99.1% Class VI Harsimar Kaur Prabhsimar Singh 99.1% Class VII 98.73% Class IX 99.19 89 7 Class VIII XI Medical × Editor Speaks Harshit Jain Jannat Mundi Karanvee 97.3% XI Humanities 92.68% 95.3% XI Non Medical XI Commerce

Dear Readers Greetings!

This issue of BCM Lifeline brings you success saga of our students in academics, co-curricular activities and competitions. The last quarter of academic year 2020-2021 has been full of exam related stress but all the students are blessed with sweet fruits of their sincere efforts and perseverance. The year had been challenging of course yet was a blessing in disguise. It made us explore our potentialities and stretch our limits in learning and thinking. Let's pray to almighty to give us strength and health to meet the further challenges of life.

#### REPUBLIC DAY 26TH JANUARY

BCM School Chandigarh Road celebrated 72nd Republic Day of the nation in all its solemnity and grandeur. Mr. DP Guleria, Principal of the school and Dr. Prem Kumar, Manager of BCM Schools hoisted national flag in the school premises. Besides staff members, Mrs. Monika Dua, Principal of BCM B.Ed. College, a few invited parents and alumni of the school graced the occasion.

Teachers expressed their patriotic emotions through songs. The art and craft department decorated the school ground aesthetically in colours of tri-colour. The teachers too adorn themselves in tri-colour outfits exhibiting love for nation. In his speech Mr. Guleria said, "To succeed in life one should be totally engaged and feel happy while performing one's duties." Dr. Prem Kumar congratulated all on the said, "We auspicious and occasion got independence after much sacrifice. It is our duty to safeguard nation's interests and perform our duties sincerely as a responsible citizen."

The ceremony concluded with vote of thanks by Mrs. Pragati Kapoor, supervisor cocurricular activities and distribution of sweets among all the staff members.

## NATIONAL YOUTH DAY

SWAMI VIVEKANAND JANM JAYANTI 12 JANUARY 2021

### उतिष्ठ, जाग्रत, प्राप्य वरान्निबोधत।

Arise Awake And Stop Not Until The Goal Is Achieved.

Swami Vivekananda (1863-1902) was remembered reverently on his Birth Anniversary by the students and teachers alike. In a special morning assembly the students spoke about the mesmerizing and inspiring personality of the great Indian monk who leapt into fame at the Parliament of Religions held in Chicago in 1893, at which he represented Hinduism.

His vast knowledge of Eastern and Western culture as well as his deep spiritual insight, fervid eloquence, brilliant conversation, broad human sympathy, colourful personality, and handsome figure made an irresistible appeal to many who came in contact with him or his words. People who saw, heard or read Vivekananda even once, adore him forever.

#### 8 LIFE LESSONS FROM SWAMI VIVEKANANDA

- Humility is a precious virtue
- Curiosity is essential in life
- Compassion and kindness are ever golden
- With prayer, we can sail through any storm
- Work for preserving unity
- Respect for culture and belief is necessary
- Have a holistic perspective
- Humour is a sign of intelligence

n s of Class VIII participat

Students of Class VIII participated in a Poetry and Essay Writing Competition and attended a virtual interaction session on 'Swami Vivekanand's Life and teachings' by the School Counsellor Ms. Shreya Sarkar.

## 23 JANUARY BIRTH ANNIVERSARY OF NETA JI SUBHASH CHANDRA BOSE (1897 – 1945) UTIPH CAR

Of the many freedom fighters who laid their lives for country's cause, Subhas Chandra Bose is one of the brightest names, fondly remembered as 'Neta Ji'.

His aim was simple: to get India the much-needed independence. One of his main contributions towards the same was to form the 'Azad Hind Fauj' or the Indian National Army, where radical measures were taken to attain independence for the country.

Even though Bose and Mohandas K. Gandhi had differing ideologies, the latter called Bose the "Patriot of Patriots" in 1942. His death is marred with mystery. However, a lot of what he said inspired generations of Indians to come.

#### UNFORGETTABLE WORDS FROM NETAJI SUBHAS CHANDRA BOSE

- Blood alone can pay the price of freedom. Give me blood and I will give you freedom.
- Freedom is not given. It is taken.
- Life loses half its interest if there is no struggle, if there are no risks taken.
- One individual may die for an idea, but that idea will, after his death, incarnate itself in a thousand lives.
- The secret of political bargaining is to look more strong than what you really are.
- It does not matter who among us will live to see India free. It is enough that India shall be free and that we shall give our all to make her free.
- Never lose your faith in the destiny of India. There is no power on Earth which can keep India in bondage. India will be free and, that too, soon.



https://twitter.com/drrpnishank/status/1354412636281049089?s=24 https://twitter.com/eduminofindia/status/1354407013762035713?s=24

# Remembering Swami Dayanand Saraswati

#### **On his Birth Anniversary**

12th February, 1824 - 30th October, 1883





कोई मूल्य तब

मूल्यवान हैं जब

मूल्य का मूल्य

स्वयम के लिंश

मूल्यवान हो ॥

12 Feb, in a special morning assembly students and teachers remembered Maharishi Dayanand Saraswati reverently – reciting Bhajans and golden rules of Arya Samaj. Swami Dayananda Saraswati was an Indian philosopher, social leader and founder of the Arya Samaj. He was the first to give the call for Swaraj as 'India for Indians' in 1876, a call later taken up by Lokmanya Tilak.

He was a Sanyasi (ascetic) from boyhood and a scholar. He believed in the infallible authority of the Vedas and worked towards reviving Vedic ideologies.

Among Swami Dayananda's countless contributions were his promoting of the equal rights for women, such as the right to education and reading of Vedas.

The philosopher and President of India, S. Radhakrishnan called him

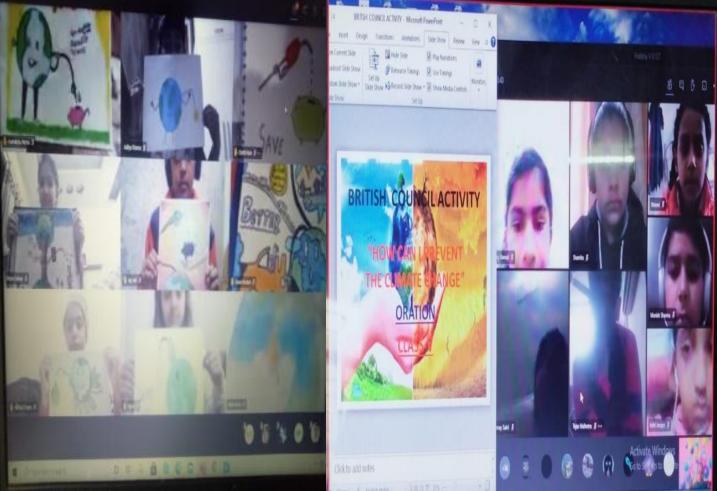
http://satyarthprakash.in/download-satyarth-prakash/one of the 'makers of Modern India'. https://en.wikipedia.org/wiki/Dayananda\_Saraswati

#### **BRITISH COUNCIL IS& PROJECTS**

#### POSTER MAKING & ORATION ACTIVITY-HOW I CAN PREVENT THE CLIMATE CHANGE

11 & 15 Jan., in collaboration with its International partner Imaad School, Nigeria, our school organized a Poster Making Activity 'How I Can prevent the Climate Change'. The aim of activity was to bring awareness among future generation regarding climate change and global warming in India and Nigeria. Students of class IV presented their creativity through colorful posters during online class on various topics like: Save Electricity, Save Water, Save Trees, Save Fuel and 3 R's (Reduce, Recycle, Reuse). Students of Class V participated in 'Oration Speech Activity' on the same topics.





#### 5:04 PM 🕓 🗢 🖿 🛇 🔮

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PROJEC

BCM School Chandigarh Road exhibited exemplary family values by extending helping hands to its support staff by teaching their kids during critical times of global pandemic Covid-19. Since, the schools of these kids are shut and no academic assistance is being provided by their schools, so project "Saathi" was started and the volunteer help of the teachers was sought to teach in evening hours through online portals.

The project proved to be a huge success as it received overwhelming response from both the teachers and the taught.

Ms Sunita Arora, head of the project said that I never knew it'd be so satisfying to teach these kids.

Ms Anu Sharma expressed "I love to teach students but teaching these lovely kids has completed me as a teacher".

Rajni one of the maids on being asked about the project reverted with teary eyes and said "I was really tense and worried as the children were free and used to fight throughout the day. I am so grateful to the teachers and Principal Sir that they have showed their concern and this kind gesture. My whole family is indebted to the school".

Nancy one of the students said, "I am so thankful to all the teachers for teaching so wonderfully. I don't miss my school any more."

Principal Mr. DP Guleria not only lauded efforts of the teachers who contributed in this project but also ensured the support staff that they are an important part of BCM family and the school is always standing by their side through every thick and thin. End-to-end encrypted





Thank You teachers !

#### LOHRI /MAKAR SANKRANTI CELEBRATIONS





Lohri marks the New Year for Punjabi farmers. On this day, the farmers pray and show gratitude for their crops before the harvesting begins and pray to Lord Agni to bless their land with abundance. They chant "आदर आए दलिइर जाए" i.e. "may honour come and poverty vanish" while moving around the bonfire.

Many of us are not aware that the word Lohri comes from 'Tilohri' i.e. 'til' meaning sesame and 'rorhi' meaning jaggery/gur. It is believed that these both food ingredients help cleanse the body, bringing renewed energy for the New Year.

Makar Sankranti, Maghi or simply Sankranti, is a festival day in the Hindu calendar, the beginning of the month of Magh, dedicated to the deity सूर्य (Sun). On this auspicious day, the sun enters the zodiac sign of Capricorn or मकर राशि which marks the end of winter months.

From the day of Makar Sankranti, the sun begins its northward journey or Uttarayan journey. Therefore, this festival is also known as Uttarayan. At BCM School the day was celebrated with conventional zeal. Teachers and students dressed in traditional Punjabi outfits gathered in the school playground, offered til revari to the holy bonfire and prayed for everyone's health, wealth and wisdom.





Shreya of IX G stood First in an online Dance Competition.



To mark the pious occasion of Basant Panchami, students participated in a plethora of activities and created beautiful kites. Yellow flower masks and prepared yellow food. In a special morning assembly Goddess Saraswati was revered with chanting of 'Gayatri Mantra'. Students shared thoughts about importance of knowledge, chanted Sanskrit Shlokas and recited poems.







या कुन्देन्दुतुषारहारधवला या शुभ्रवस्तावृता या वीणावरदण्डमण्डितकरा या श्वेतपद्मासना । या ब्रह्माच्युतशंकरप्रभृतिभिर्देवः सदा पूजिता सा मां पातु सरस्वति भगवती निःशेषजाड्यापहा ॥१॥

#### AWARDS AND ACCOLADES



#### INTERNATIONAL ADOLESCENT SUMMIT

18 Dec. - 12 Feb. , The Principal of the school got appreciated for the involvement of BCMites in the 9th INTERNATIONAL ADOLESCENT SUMMIT, inaugurated by Dr. Ramesh Pokhriyal 'Nishank', Honourable Union Minister of Education, to celebrate energy and fervour of youth.

In the month-long summit, the students of the school got a chance to get engaged with participants from schools across the country and abroad in various events which helped to foster a newer understanding of 21st century life skills, innovative programs for promoting values, gender sensitivity, health and wellbeing.

#### WIDE VISION ENTERTAINMENT GROUP

19 Jan., Dhwani Jain of Class VIII J participated in State level Open Dance Competition organised by Wide Vision Entertainment Group. She outshone the other participants and stood 3rd in



#### SECOND PRIZE IN INTERSCHOOL PUNJABI DECLAMATION

9 Feb., Samridhi of IX E got second prize in Gyani Harjit Singh Memorial Punjabi Declamation Contest held at GGN public school Ludhiana.

#### WE'RE PROUD OF OUR PRODIGIES...

#### MOHIT VERMA WINS SEVERAL LAURELS FOR THE SCHOOL



Mohit Verma of Class VIII won several laurels for himself and the school. He participated in Poetry Writing Competition organized by Pushpa Gujral Science City on World Environment Day and received an Appreciation Award. He also won Medal of Distinction & Certificate of Distinction for achieving 1<sup>st</sup> Rank in School in SOF

Celebrate Biodiversity to celebrate life These are for you as husband is for wife. We are incomplete without animals like Tiger As cloth cannot be made without a Fiber.

We need biodiversity for our survival Conserve it as it is mentioned in Bible.

The biggest teacher in our life is biodiversity Nothing can stand in front, not even a big university.

Celebrate biodiversity to celebrate life These are for you as husband is for wife...

National Science Olympiad. Another feather added in his crown is Gold Medal and First Rank in Class in International Olympiad of English Language.

> G. SREYA GETS APPRECIATED BY THE EDUCATION MINISTER, DR. RAMESH POKHRIYAL 'NISHANK'



G Sreya of VIII participated in various competitions viz. oration competition, quizzes and essay writing organized by different schools and organisations around the country. She bagged 1st Position in oration organised by Prestige Public School and 3rd Rank in Speech competition organized by Bloom Cap. She also won cash prizes, amazon vouchers and gifts in all the competitions. She also got appreciated twitter by on Education Minister of India, Dr. Ramesh Pokhriyal Nishank for her participation video making contest'MyInspirationBoseji' on 'Prakaram Divas' \_ **Birth** Anniversary of Neta Ji Subhash Chandra Bose.

#### **BCMITES GLEAM AT STATE LEVEL POSTER MAKING COMPETITION**

8 march, Northern India Institute of Fashion Technology (NIIFT), Mohali, Ludhiana and Jalandhar, set up by Govt of Punjab conducted poster making competition and the students of XI of the school brought laurels to the school by winning first and second positions with cash prizes.

#### SOF-IEO FIRST ROUND

Vaishnavi Mehta of Class V-F bagged Gold medal of Excellence and participation certificate the in International English Olympiad by SOF. 10 students got special achievement



bagged



**SOF-IMO FIRST ROUND** 

Himanshi Handa of Class IV-C

medal

of

Gold



### **CBSE ACTIVITIES**

#### STORY TELLING COMPETITION

6-16 Feb., During COVID-19, humanity faced various situations that invoke human interest. There are stories of innovation, sacrifice, going beyond the call of duty, challenges faced and creatively solved, humour, finding joy in adversity etc. Therefore, for the benefit of society for future reference, CBSE launched a Storytelling Competition. Students from all wings participated enthusiastically and the best story from each wing was sent to CBSE through CBSE Story Telling App.



#### PARIKSHA PE CHARCHA 2021

The 4th edition of Pariksha Pe Charcha, the unique interactive program of Hon'ble Prime Minister, Shri Narendra Modi with students, teachers and parents will be held through online mode in the 3rd week of March, 2021 adhering to COVID-19 protocols. The participants will be selected through an online competition which is organized on mygov.in platform. As per guidelines of CBSE, link for the registration of the same was sent to all the students. Parents, teachers and students were motivated to register themselves and grab the opportunity to pose their questions on this platform.



PARIKSHA PE CHARCHA - 2021 Participate & Get an Opportunity to Interact with Hon'ble PM Shri Modi

#### EXPRESSION SERIES: STUDENTS' PERSPECTIVES ON TEACHING AND LEARNING

6-28 Feb., As per the guidelines of CBSE, students were motivated to send their entries for expression series competitions on various themes as per their interest. Students participated enthusiastically in Painting, drawing, slogan, poetry and the best entry from each wing was sent to CBSE.



## **CBSE ACTIVITIES**



# TOYCATHON 2021

Secondary wing of the school associated itself with Toycathon 2021, a hackathon launched by Govt. of India in collaboration with Ministry of Education to make India global toy manufacturing hub. This inter- ministerial initiative provided an opportunity to the students and teachers to share their innovative toys' or game concepts based on Indian culture, heritage, mythology, technology etc. A great number of students and teachers extended their hand to communicate their creative ideas. A team of four students (Pratham, Adarsh, Dharuv & Ritesh) of Class X got first level cleared in Ideathon for Toy making . The idea mainly consists of an AI powered education system for especially abled children that can be useful for their mental development and would help them to interact with technology much efficiently.

#### WEBINAR SERIES ON NEP-2020

5 Feb., approved by the Union Cabinet, the country got its new National Education Policy (NEP) after a long gap of 34 years. NEP-2020 envisions providing a new structure to the education system in the country. To make the teachers acquaint with the new policy, CoE Panchkula organised a webinar - followed by a Quiz – that was attended by all the teachers through live streaming link. The speaker, Ms. Monica, enlightened the participants about the significance and strategic plans to be implemented in the new policy. She laid emphasis on new concept of joyful learning through various vocational skills, integration of art with core subjects, innovation in pedagogical stage, all inclusive and equitable education etc. Stress on competency based learning instead of rote memorization will enhance holistic development of the students.



## **OBSERVANCE OF ROAD SAFETY MONTH**

18 Jan. – 17 Feb. 2021, as a part of advocacy campaign by CBSE for road safety and to emphasize need for safe roads, Road Safety Month was observed on theme 'सड्क सुरक्षा जीवन रक्षा' wherein students participated a plethora of activities like Pledge, Ouiz in Competition, Debate, Declamation, Slogan/Article writing & Poster making on mygov.in portal and thereafter generated their respective certificates. Children were sensitized about road safety measures so that in future they can become responsible citizens of India. Students of Nursery and LKG prepared a model of Traffic Lights while students of UKG prepared displaying road signs. Teachers shared placards informative videos students. It was a learning experience ROAD SAFETY for the students.

STOP LOOK & LISTEN.

BEFORE YOU CROSS THE ROAL Alert Today

Aarav Gult

Alive

Tomorrow.

**Follow Traffic** 

Rules



C

DIWAS'

MATRIBHASHA





21 Feb., to promote dissemination of Mother Languages, create maximum awareness of linguistic and cultural tradition and inspire solidarity amongst people speaking diverse languages, 'मातृ भाषा दिवस' was celebrated jointly by the Ministry of Education and Ministry of Culture in a virtual mode. Hon'ble Vice President of India was the Chief Guest of the function and Hon'ble Minister of Education, Hon'ble Minister of State for Culture and Tourism and Hon'ble Minister of State for Education were the Guests of Honour. The link of the event was forwarded to the students and language teachers and the report of the same was sent to CBSE



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20 March, To revive bond with the school, Alumni met virtually and cherished a virtual tour of the school. CA Samridhi Goel 3<sup>RD</sup> State topper and 2<sup>ND</sup> City topper from 2013-14 batch started the event with a warm welcome to all attendees. Her co-host CA Nikhil Sachdeva (Secretary of the Alumni Association) greeted the distinguished members of the management, Principal and teachers.

Many of the alumni members placed on high profile positions in India and abroad expressed their delight for getting reconnected with the school. Dr. Akshit Peer (US), Engineer Jasmin Kalia (Canada), Filmmaker Ishu Jindal (Canada), Researcher Sanchit Seth (Australia), Dr. Manika Agarwal (Mumbai) shared their fond memories and experiences of the school days. They were all brimming with gratitude towards their teachers' contribution in their career and character building.

Mr. Sunil Kant Munjal (Chairman, BCM Foundation) in his address encouraged the alumni to stay connected with their alma mater and play an active role in school's growth and progress. He motivated them to remember and live by the values they learnt at school. Principal of the school, Mr. D.P. Guleria expressed his pride to see the alumni at pinnacle of success. The School Manager Dr. Prem Kumar said that a school is identified with its alumni only. CA Hardeep Singh praised the school for immediately switching over to online teaching during pandemic. Siya and Pavani performed a soulful dance. Gurpavan and kanishka recited melodious songs. The program concluded with a note of thanks by Mrs. Monika Mehta (President, Alumni Association.



## **BCM KINDERGARTEN**

#### **FLAMELESS CUISINES**

Tiny Tots of BCM Kindergarten donned their 'Chef Caps' and exhibited their culinary skills in preparing luscious recipes. The kids also generated awareness about nutritional value of food, advantages of healthy eating and need of staying away from junk food.



#### SHOW AND TELL COMPETITION

toddlers of 23 Jan. Nursery participated in a 'Show and Tell Activity' conducted on theme 'National Symbols of India'. This activity enhanced kids' knowledge, skills sharpened memory and improved their vocabulary. It was indeed a stupendous activity which unfurled their smartness, agility and intelligence. Kids enhanced beauty of the activity by using props and voice modulation.

#### **CALLIGRAPHY COMPETITION**

24 Jan., kids from LKG and UKG participated in an online English Calligraphy Competition and displayed the art of writing beautifully.

## **BCM KINDERGARTEN**

#### **ORIENTATION PROGRAMME FOR PARENTS**

BCM Kindergarten organized virtual 'Orientation Programme' for the parents of all the new entrants of NUR., LKG & UKG. It served as an excellent prelude to bond school, parents and students for the common goal – the progress of the child. The Headmistress Ms. Ritu Syal presented a formal welcome to the parents and other distinguished guests. Principal Mr D P Guleria gave a brief overview of the school. He emphasised on the fact that it is important to nurture and kindle the young minds to face the global competencies.

Gupta Senior Gynaecologist Dr. Shirin at Mohandai Oswal Hospital Ludhiana shared her views regarding preventive measures to be taken during Pandemic Covid -19. She also shared parenting tips regarding benefits of exercise and healthy diet. The School Counsellor Ms Shreya shared parenting tips for working and non-working parents. A PPT was also presented by the class facilitator Ms Anshika where she focused on the school infrastructure, curricular and co-curricular activities, evaluation system, teaching methodology and pedagogy. The orientation programme proved to be a sincere effort made by the school in educating parents to look after and guide their children.

ELEME DELITION

FROGRAMME



Dr. Shirin Gupta

#### PALPABLE JAUNT- A PHYSICAL TOUR

15-20 March, 276 parents participated in 'Palpable Jaunt- a Physical Tour' at BCM Kindergarten . The Headmistress Ms. Ritu Syal felicitated Honourable Principal Mr. D P Guleria as the Chief Guest and Dr. Prem Kumar Manager BCM School as the Guest of Honour. The whole campus was knick-knack with colourful themes - Safari Archives, Troupe circumvolved, Tat-Studio, Photo ops & Thumb Drive. Activities like Learning Plus, Raising Dragon, Feed the monkey and sports added further glitz & glamour to the event.

The joy on faces of kids & parents was the real reward for the Kindergarten Team. Parents jotted down the words of appreciation and conveyed their contentment through gestures of clapping & dancing at the take away corner where the blooming buds received smileys. Kids looked stunning clad in different attires as Prince/Princess, Spiderman, Batman, Superman and Fairies. The tour proved successful in strengthening the bond between kids, parents and teachers and ended with closure speech by the Principal Mr. D P Guleria.



#### **GRADUATION CEREMONY FOR UKG**

30 March, BCM Kindergarten organized Montessori Graduation Ceremony for UKG Session 2020-2021 on virtual platform. The proud parents watched their kids crossing their first milestone and stepping towards a future full of hopes and possibilities.

The programme started with welcome note by teachers and a welcome dance presented by the students Agmya and Geetika. Students of UKG Aayan and Hermoine presented heart-warming gratitude speech. Honourable Principal Sir Mr D P Guleria in his speech congratulated all the Graduates and wished them good luck for the future and thanked the parents for their cooperation. Headmistress Ms. Ritu Syal congratulated all the graduates for successfully completing their Kindergarten education and wished them success in their further journey. It was a joyous moment for the kids when they received their Graduation certificates. The programme ended with Vote of Thanks by Ms. Kiran Malhotra.





# **GROOMING THE GROOMERS**

Teachers at BCM Kindergarten were provided an opportunity to attend three enlightening grooming sessions -

- 'Ethics on virtual teachings' by motivational speaker Ms. Neelu Thakur
- 'Fitness through Yoga' by renowned Yoga Trainer Mr. Sanjeev Tyagi and his team.
- 'Effective Communication Skills' by Ms. Jaspal Kaur IELTS Trainer.

Teachers had a taste of stress relieving Yogic exercises and meditation, honed their communication skills to instruct, advice and mentor students more effectively. Head Mistress, Ms Ritu Syal stated that such grooming seminars and workshops play vital role in enhancing confidence of teachers.



#### SEMINAR ON STRESS MANAGEMENT

25 Jan., In order to help to cope with exam related stress, counselling cell of the school organised a seminar for the students of Class VII on 'Stress Management'. Various ways to handle stress were shared with them.



## National Women's Day

#### BIRTH ANNIVERSARY OF Sarojini Naidu 13 Feb. 1879 - 2 March 1949



BCM Kindergarten marked Birth Anniversary of 'Nightingale of India' by organizing the 'World Radio Show' - FM@Kiddos. A 'RadioTalk' on inspirational life sketch of the great poetess and freedom fighter – Ms. Sarojini Naidu was presented. Ms.Manju Bhatti Coordinator Secondary Wing had an interactive session 'Coffee with RJ Deepika' about changes in present teaching scenario. She also inaugurated 'Sand Pit cum Garden'. Teachers presented a beautiful song depicting women

empowerment. Agamya of LKG recited a beautiful poem 'I miss my school'. Ms. Shalini enacted as news reader and presented the School News. Headmistress Ms Ritu Syal stated that such creative activities enrich kids' knowledge and skills.



#### **BCM SCHOOL**

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