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TINY CHAMPS, BIG SPIRIT: BCM FOUNDATIONAL STAGE CELEBRATES ANNUAL ATHLETIC MEET



Foundational Stage organised its 11th Annual Athletic Meet (2025-26), witnessing a spectacular display of resilience, patience, grit, leadership, and accountability. The grand event was celebrated with great enthusiasm and vibrant participation from students, staff, and parents.

The Annual Athletic Meet was formally declared open by Ms Manju Bhatti, Vice Principal, along with the Chief Guest, Mr Rupinder Singh, renowned Microbiologist, marking an inspiring beginning to the event. The students solemnly took the oath to abide by the true spirit of sportsmanship, fairness, and discipline throughout the games.

The programme commenced with a formal welcome address by Headmistress Ms Ritu Syal. The boundless energy and enthusiasm displayed by each participant were truly commendable. Students of UKG actively and enthusiastically participated in the meet. The tiny tots won the hearts of the audience as they marched gracefully, holding colourful flags that added vibrancy to the event.



Campus Connect



The cultural performances presented on different days beautifully embellished the programme and captivated the parents, who formed an enthusiastic audience. The tastefully decorated ground proved to be a visual delight. The athletic events included a splendid display of talent in various races such as the 40-metre race, hurdle race, juggling with rings, moon Walk and steady steps showcasing agility, speed, and coordination.

The winners and participants were honoured with medals in recognition of their efforts and achievements. In his address, Principal Mr D. P. Guleria lauded the dedication of both students and teachers and emphasised the vital role of games and sports in today's life for holistic development.

The meet was formally declared closed by Vice Principal Ms Manju Bhatti. The event concluded on a gracious note with a Vote of Thanks, marking the successful completion of the Annual Athletic Meet.





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ACADEMIC ENRICHMENT AND PROFESSIONAL DEVELOPMENT SESSION FOR TEACHERS



An interactive, department-wise session was conducted by the Principal, Mr. D. P. Guleria, to strengthen the teaching-learning process and enhance academic excellence. The session focused on discussions around learning objectives, subject-specific challenges, and expected learning outcomes.

Through an informative PowerPoint presentation, Mr. Guleria guided teachers on effective teaching strategies, emphasizing the 4 A's of effective teaching—Awareness, Assessment, Attitude, and Acceptance. He also encouraged the adoption of the PDSA cycle (Plan, Do, Study, Act) to systematically plan lessons, review outcomes, and bring continuous improvement.

The session was engaging and motivating, with active teacher participation, and reinforced the school's commitment to academic excellence and ongoing professional development.



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