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BCM SCHOOL, LUDHIANA CELEBRATES VIBRANT VAISAKHI WITH CREATIVE LEARNING ACTIVITIES

Ludhiana, April 15: BCM School, Sector 32, Ludhiana, came alive with festive spirit and educational enthusiasm as students and staff celebrated the joyous festival of Vaisakhi with a variety of engaging and creative activities.



The celebrations highlighted the cultural and agricultural significance of Vaisakhi, blending tradition with learning. A 3D Baisakhi scene brought to life the vibrancy of Punjabi culture, while students showcased the journey of food from seed to plate through multimedia presentations. An insightful demonstration on the process of farming helped students understand the hard work and science behind food production.



Adding to the interactive experience, students created beautiful Baisakhi scenes using seeds and pulses, demonstrating their artistic skills and environmental awareness. A Show and Tell activity on farm-grown crops allowed students to share interesting facts and promote the importance of natural produce.



A thought-provoking debate on the benefits and harms of modern farming technology encouraged critical thinking and awareness about contemporary agricultural practices.

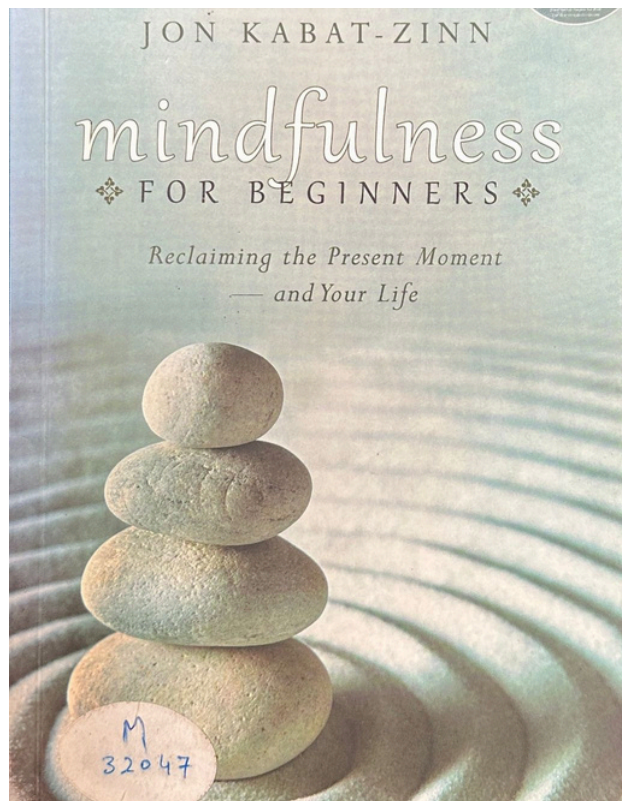
The event not only celebrated the essence of Vaisakhi but also fostered creativity, awareness, and a deeper appreciation for the farming community among students. The school's efforts to integrate cultural celebration with hands-on learning were widely appreciated by parents and educators alike.



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OPINION

BOOK OF THE DAY



We may long for wholeness, but the truth is that it is already here and already ours.

Mindfulness for Beginners invites you to transform your relationship to the way you think, feel, love, work and play, and thereby awaken to and embody who you really are.

This book can be used in three unique ways to implement the benefits of mindfulness in your day-to-day life:

- * As a collection of reflections and practices to be opened and explored at random,
- * As an illuminating and engaging start-to-finish read, or
- * As an unfolding lesson-a-day' primer on mindfulness practice.

Anyone who reads this brilliant book will discover in these pages a valuable distillation of the key attitudes and essential practices.

Remember, any change that comes about in your life is primarily because of your own efforts.

PICTURE OF THE DAY



A LITTLE COFFEE LESSON

Last week, a teacher walked into the staff room, clearly exhausted, and reached for the coffee pot like it was a life-saving device. As she poured the last drop, she whispered, "This better be strong enough to grade math tests from memory."

Moments later, she took a sip, paused, and said, "Hmm... tastes like someone tried to make decaf interesting."

Turns out, a student had accidentally filled the coffee canister with hot chocolate mix for a "science experiment."

The moral? At school, coffee is sacred. And so is labeling your containers.